

The “Miami Nice Triathlon”, will start and finish within the City of Miami, Rickenbacker Marine Stadium, and the bicycling portion of the event will take place on the causeway’s roadway from 6:00 a.m. to 10:30 a.m. on Sunday, October 18, 2009.

The bike portion of the race will depart from the Miami Marine Stadium, and travel in a westerly direction (towards the mainland) on the north side of the causeway to Windsurfer Beach Island’s (Hobie Island) center median. Cyclists will then u-turn and travel in an easterly direction (towards the Village of Key Biscayne) to Crandon Park’s maintenance loop. At this location, the race will turn back traveling westerly, making a right turn onto the Arthur Lamb Jr. Road (Sewer Beach Road), to Virginia Key Beach. Cyclists will then u-turn and travel back onto the Rickenbacker Causeway, traveling in a westerly direction to Windsurfer Beach Island’s center median. The cyclists will turn back, complete a second loop, and follow the same route to the point of origin. During the event, vehicle traffic will be routed onto the south side of the causeway in a counter-flow manner, from the Crandon Park’s maintenance loop, to the Windsurfer Beach Island’s center median. The swimming, running, and awards ceremony will take place within the City of Miami’s, Miami Marine Stadium and Virginia Key areas.

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